

FLOWER ESSENCES

For Profound Healing

Mind Body Shine



WHAT ARE FLOWER ESSENCES?

Every Flower has a specific healing, strengthening and balancing electrical pattern unique to that species of flower. When this electrical wisdom is transferred into a stabilizer such as Red Shiso, it becomes a Flower Essence.

Each Flower Essence is a tool that can lead us towards greater health and well being by offering us the Flower's healing wisdom about specific emotional, mental, physical and spiritual concerns.

WHY DO FLOWERS HAVE WISOM TO SHARE?

To continue to live and prosper, each Flower in creation must solve the specific problems it confronts in its ecosystem. The solutions Flowers develop in response to the problems they face become part of the Flower's architecture and growing habits as well as its energetic vibration. This vibration is the unique electrical imprint of each Flower.

Flowering plants seek to evolve for other reasons besides survival. They seek to be the most sublime expression of their divinity. Flowers are the highest vibrational expression of a plant and reflect the plant's efforts to be its unique divine self in a sea of divinity.





HOW DOES THIS HELP US?

As energetic as well as physical beings, we instinctively know when a place feels harmonious, and we know when someone doesn't click with us. We know this without language because we interact with our surroundings energetically every moment of every day.

In the same way, we experience the healing vibrational imprint of a Flower by interacting with it energetically. We are instinctively drawn to those whose problem solving vibration can help us resolve a challenge we currently face.

There is no need to worry about involuntary interactions that may lead to unpleasant side effects. Instead, our intuition uses our inner wisdom to decide whether the Flower Essence is something useful or something we don't need in the present moment.

HOW DO FLOWER ESSENCES WORK?

Looking at ourselves from an energetic model, we are not just physical forms, but rather whole energetic systems of mind, body and spirit.

Long-term mental, emotional and spiritual imbalances impede the flow of energy, which may affect our physical body over time. Flower Essences are healing tools that can help to resolve these imbalances before they cause physical problems.

ARE THEY SAFE?

Because Flower Essences offer their immense healing gifts energetically, there are none of the drawbacks of chemical medicine; you cannot take too much or have a chemical reaction to a Flower Essence.

They are completely safe to work with whether you use them alone or alongside other healing modalities.

SAFE FOR CHILDREN AND PETS

Children and animals are wonderful teachers when it comes to Flower Essences. They recognize the gifts of Flower Essences and make the most of their wisdom in a matter of fact way.

They show us how easy it is to make the paradigm shift from a chemical model of reality to an energetic one in which we understand that Flowers and Flower Essences really can make an enormous difference to our health and well-being.

"One untangling at a time, Flower Essences take us to our inner truth, and on the way to this moment of self realization we get to experience more joy, more happiness and better health."

The guide has been adapted from the introduction to flower essences by Molly Sheehan. For more info, please visit their beautiful website: www.greenhopeessences.com

